

# PREPARE FOR SNAP AND MEDICAID CHANGES!

What To Expect: SNAP households will see a reduction in monthly SNAP benefits in March 2023 and Medicaid renewals and disenrollments will begin with renewals due in May 2023 and continue for a year based on a member's annual renewal date.

## Why is this change happening?

Under the [federal budget bill](#) passed in December, SNAP households will see a reduction in monthly benefits based on your household income and expenses and Medicaid will return to normal eligibility renewal processes.

## Can I appeal?

*SNAP households:*

No, this action is not subject to appeal. This is a reduction decided by the Federal Government, not the State of Colorado or your County.

*Medicaid members:*

Yes. Appeal information will be included on the Notice of Action provided along with the reason for the action taken.

## What Can I Do To Help My Family Through This Change?

*SNAP households:*

- Call the support center at 800.816.4451
- If you are able, you can roll over your EBT benefits to the next month. This may help cushion the impact of the reduction in benefits.
- You can stock up on non-perishable items now, while you have the additional benefits. Click on these links for tips on stocking your pantry: [English](#) | [Spanish](#)
- Stretch your ingredients and plan to use them in more than one meal. This helps to save money and reduce food waste. Click for more tips: [English](#) | [Spanish](#)
- Consider freezing your produce to make fruit and vegetables last longer [English](#) | [Spanish](#)  
Visit <https://www.foodpantries.org/st/colorado> to find the closest food pantry to you.

*Medicaid members:*

- Make sure Health First Colorado and CHP+ has your current mailing address, phone number, email or other contact information. This way, we will be able to contact you about your Health First Colorado or CHP+ coverage. It's easy to update your address. Visit [CO.gov/PEAK](https://CO.gov/PEAK) or call your county to change your contact information.
- If you receive a renewal packet, make sure you fill it out, sign it, and return it by the due date.
- If you have questions about the renewal process: [English](#) | [Spanish](#)

